

## Details of Service & Items for Full licensed providers:

Emilie LeLaCheur, Erik Oostenink, Meg Garrison, Jackie Olson Leech, Heather Dix, Rick Muselman, & Elizabeth Rohde, Elena Lamaak,  
Stephanie Blanchard, & Jordan Ottenbacher

| Service  | Locations where service could be provided**         | Diagnosis code* | Service code | Quantity                          | Expected Cost |
|--|---|-----------------|--------------|-----------------------------------|---------------|
| Initial diagnostic visit                         | Ankeny, West Des Moines, or Pleasant Hill offices** | z13.3*          | 90791        | 1                                 | \$130.00      |
| Individual or couples therapy 30 min             | Ankeny, West Des Moines, or Pleasant Hill offices** | z13.3*          | 90832        | 1-50 visits                       | \$65/visit    |
| Individual or couples therapy 45 min             | Ankeny, West Des Moines, or Pleasant Hill offices** | z13.3*          | 90834        | 1-50 visits                       | \$100/visit   |
| Individual or couples therapy 60 min             | Ankeny, West Des Moines, or Pleasant Hill offices** | z13.3*          | 90837        | 1-50 visits                       | \$130/visit   |
| PSYCHOTHERAPY FOR CRISIS INITIAL 60 MINUTES***   | Ankeny, West Des Moines, or Pleasant Hill offices** | z13.3*          | 90839        | 1-50 visits- as needed for crisis | \$130/visit   |
| PSYCHOTHERAPY FOR CRISIS EACH ADDL 30 MINUTES*** | Ankeny, West Des Moines, or Pleasant Hill offices** | z13.3*          | 90840        | 1-50 visits- as needed for crisis | \$100/visit   |
| Family Therapy 60 min                            | Ankeny, West Des Moines, or Pleasant Hill offices** | z13.3*          | 90847        | 1-50 visits                       | \$130/visit   |
| Group therapy 60 min                             | Ankeny, West Des Moines, or Pleasant Hill offices** | z13.3*          | 90853        | 1-50 visits                       | \$130/visit   |
| Group therapy 120 min                            | Ankeny, West Des Moines, or Pleasant Hill offices** | z13.3*          | 90853        | 1-50 visits                       | \$250/visit   |
| No show or cancel with less than 24-hour notice  | n/a   | n/a             | No Show      | as needed                         | \$60 each     |

\* Diagnosis codes are determined over the course of treatment and do not affect the expected cost of services.

\*\* Location addresses can be found on our website. The location does not affect the expected cost of services.

\*\*\* 90839 & 90840 are billed together, and cost would be combined for that date of service. This is for crisis sessions only; they are considered emergency services and are thus exempt from the good faith estimate limitations as required by law.

## Details of Service & Items for temporary licensed providers:

Kelly Bazan, Bekah Riker, DeAnne Negley, Mike Hain, & Jessica Pottorff

| Service  | Locations where service could be provided**       | Diagnosis code | Service code | Quantity                                | Expected Cost |
|--|---|----------------|--------------|---|---------------|
| Initial diagnostic visit                         | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90791        | 1                                       | \$100.00      |
| Individual or couples therapy 30 min             | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90832        | 1-50 visits                             | \$50/visit    |
| Individual or couples therapy 45 min             | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90834        | 1-50 visits                             | \$75/visit    |
| Individual or couples therapy 60 min             | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90837        | 1-50 visits                             | \$100/visit   |
| PSYCHOTHERAPY FOR CRISIS INITIAL 60 MINUTES***   | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90839        | 1-50 visits-<br>as needed<br>for crisis | \$100/visit   |
| PSYCHOTHERAPY FOR CRISIS EACH ADDL 30 MINUTES*** | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90840        | 1-50 visits-<br>as needed<br>for crisis | \$60/visit    |
| Family Therapy 60 min                            | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90847        | 1-50 visits                             | \$100/visit   |
| Group therapy 60 min                             | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90853        | 1-50 visits                             | \$100/visit   |
| Group therapy 120 min                            | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90853        | 1-50 visits                             | \$200/visit   |
| No show or cancel with less than 24-hour notice  | n/a   | n/a            | No Show      | as needed                               | \$60 each     |

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## Details of Service & Items for doctorate level providers:

Dr. Don Gilbert

| Service  | Locations where service could be provided**       | Diagnosis code | Service code | Quantity                          | Expected Cost |
|--|---|----------------|--------------|-----------------------------------|---------------|
| Initial diagnostic visit                                 | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90791        | 1                                 | \$160.00      |
| Individual or couples therapy 30 min                     | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90832        | 1-50 visits                       | \$80/visit    |
| Individual or couples therapy 45 min                     | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90834        | 1-50 visits                       | \$120/ visit  |
| Individual or couples therapy 60 min                     | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90837        | 1-50 visits                       | \$160/visit   |
| PSYCHOTHERAPY FOR CRISIS INITIAL 60 MINUTES***           | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90839        | 1-50 visits- as needed for crisis | \$160/visit   |
| PSYCHOTHERAPY FOR CRISIS EACH ADDL 30 MINUTES***         | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90840        | 1-50 visits- as needed for crisis | \$120/ visit  |
| Group therapy 60 min                                     | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90853        | 1-50 visits                       | \$160/visit   |
| Group therapy 120 min                                    | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90853        | 1-50 visits                       | \$320/visit   |
| No show or cancel with less than 24-hour notice          | n/a   | n/a            | No Show      | as needed                         | \$60 each     |
| Psychological test administration first 30 min           | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 96136        | 1 or as needed                    | \$130/unit    |
| Psychological test administration each additional 30 min | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 96137        | 1 or as needed                    | \$130/unit    |
| Psychological test evaluation first hour                 | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 96130        | 2 or as needed                    | \$200/visit   |
| Psychological test evaluation additional hour            | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 96131        | 2 or as needed                    | \$160/visit   |

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## Details of Service & Items for Intern level providers:

Brooklynn McKinney, Sarah Potter, Chris Harsh

| Service   | Locations where service could be provided**       | Diagnosis code | Service code | Quantity    | Expected Cost*** |
|---|---|----------------|--------------|-------------|------------------|
| Initial diagnostic visit                        | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90791        | 1           | \$0-90           |
| Individual or couples therapy 30 min            | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90832        | 1-50 visits | \$0-90/visit     |
| Individual or couples therapy 45 min            | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90834        | 1-50 visits | \$0-90/visit     |
| Individual or couples therapy 60 min            | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90837        | 1-50 visits | \$0-90/visit     |
| Family Therapy 60 min                           | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*         | 90847        | 1-50 visits | \$0-90/visit     |
| No show or cancel with less than 24-hour notice | n/a   | n/a            | No Show      | as needed   | \$60 each        |

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\*\* Location addresses can be found on our website. The location does not affect the expected cost of services.

\*\*\*Interns operate on a sliding fee scale that is decided between the provider and the patient in the first session

## Details of Service & Items for Wellness providers:

Linda Wilcox

| Service   | Locations where service could be provided**       | Diagnosis code* | Service code | Quantity    | Expected Cost |
|---|---|-----------------|--------------|-------------|---------------|
| nutrition assessment- 60 min                      | Ankeny, West Des Moines, or Pleasant Hill offices | z71.3*          | 97802        | 1-50 visits | \$120/visit   |
| nutrition re-assessment/ follow up- 15min unit    | Ankeny, West Des Moines, or Pleasant Hill offices | z71.3*          | 97803        | 1-50 visits | \$30/unit     |
| nutritional therapy group (2 individuals)- 30 min | Ankeny, West Des Moines, or Pleasant Hill offices | z71.3*          | 97804 (2)    | 1-50 visits | \$65 each     |
| nutritional therapy group (3 individuals)- 30 min | Ankeny, West Des Moines, or Pleasant Hill offices | z71.3*          | 97804 (3)    | 1-50 visits | \$40 each     |
| No show or cancel with less than 24-hour notice   | n/a   | n/a             | No Show      | as needed   | \$60 each     |

\* Diagnosis is not in the scope of practice and does not affect the expected cost of services.

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## Details of Service & Items for all providers

Communication outside of session (excludes communication about scheduling)

| Service ***                                       | Locations where service could be provided**       | Diagnosis code* | Service code  | Quantity    | Expected Cost |
|---|---|-----------------|---------------|-------------|---------------|
| Phone communication 1-10 minutes in 7-day period  | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*          | no charge     | 1-50 visits | \$0.00        |
| Phone communication 11-20 minutes in 7-day period | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*          | 98967         | 1-50 visits | \$20 each     |
| Phone communication 21-30 minutes in 7-day period | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*          | 98968         | 1-50 visits | \$40 each     |
| Phone communication 31-50 minutes in 7-day period | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*          | 98967 + 98968 | 1-50 visits | \$60 each     |
| Phone communication 51-60 minutes in 7-day period | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*          | 98968 + 98968 | 1-50 visits | \$80 each     |
| Email communication 1-10 minutes in 7-day period  | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*          | no charge     | 1-50 visits | \$0.00        |
| Email communication 11-20 minutes in 7-day period | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*          | 98971         | 1-50 visits | \$20 each     |
| Email communication 21+ minutes in 7-day period   | Ankeny, West Des Moines, or Pleasant Hill offices | z13.3*          | 98972         | 1-50 visits | \$40 each     |

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\*\*\* charges for these services are at the discretion of the provider.