

Possible Intimacy Needs from a Biblical Perspective:
*** (reprinted from “Intimacy Therapy” – David Fergusson)**

1. **ACCEPTANCE** – deliberate and ready reception with favorable positive response – Rom. 15:7
2. **ADMONITION** – constructive guidance in what to avoid ... to warn – Rom. 15:14
3. **AFFECTION** – (Greet with a Kiss) – to communicate care and closeness through physical touch – Rom. 16:16
4. **APPRECIATION** – (Praise) – to communicate with words and feeling personal gratefulness for another – I Cor. 11:2
5. **APPROVAL** – expressed commendation; to think and speak well of – Rom. 14:18
6. **ATTENTION** (Care) – to take thought of another and convey appropriate interest, support, etc.; to enter into another’s “world” – I Cor. 12:25
7. **COMFORT** (Empathy) – to come alongside with word, feeling and touch; to give consolation with tenderness – I Thes 4:18
8. **COMPASSION** – to suffer with and through another in trial/burden - Heb. 10:34
9. **CONFESSION** – open acknowledgement of wrongs committed based upon inner conviction – James 5:16
10. **DEFERENCE** (Subject) – to yield or defer oneself to another for their benefit – Eph 5:21
11. **DEVOTION** – a firm and dependable foundation of committed care – Rom. 12:10
12. **DISCIPLINE** – to reprove and correct when boundaries are crossed and limits exceeded – Prov. 23:13, Rev. 3:19
13. **EDIFICATION** (Build Up) – to positively promote the growth and development of another – Rom 14:19
14. **ENCOURAGEMENT** – to urge forward and positively persuade toward a goal – Thes. 5:11, Heb 10:24
15. **FORGIVENESS** – to cancel out or “release” wrongs committed and bestow instead unconditional favor – Eph 4:32
16. **HARMONY** – an environment of pleasant acceptance and secure love – I Pet. 3:8
17. **HOSPITALITY** – open reception of another with a loving heart – I Pet. 4:9
18. **INTIMACY** (Fellowship) – deep sharing and communion with another as lives are shared in “common” – I John 1:7
19. **KINDNESS** – pleasant and gracious servanthood – Eph 4:32
20. **LOVE** – seeking welfare of others and opportunity to “do good;” consistent with having first been loved by God and seeing His value of others, the characteristic Word of Christianity – John 13:34
21. **PRAYER** – to entreat God’s attention and favor upon another – James 5:16
22. **RESPECT** (Honor) – to value and regard highly; to convey great worth – Rom 12:10
23. **SECURITY** (Peace) – confidence of “harmony” in relationship; free from harm – Mark 9:50
24. **SENSITIVE** (Same Mind) – seeking to understand and accept another without judging – Rom 12:16
25. **SERVE** – giving up of one’s self in caring ministry to another – Gal. 5:13
26. **SUPPORT** (Bear Burdens) – come alongside and gently help carry a load (problem, struggle) – Gal. 6:2
27. **SYMPATHY** – to identify with another “emotionally” – I Pet. 3:8
28. **TEACHING** – constructive and positive instruction in how to live – Col. 3:16
29. **TRAINING** (Equip) – journey with me to model God’s way of facing life’s issues – Luke 6:40
30. **UNDERSTANDING** (Forbearance) – patient endurance of another’s humanness – Eph 4:2, Col. 3:13